

# Physical Education

At Wolsey House Primary School, Our Physical Education (PE) syllabus (following GetSet4PE) is based on an enhanced model of the Early Years Framework and the National Curriculum with a clear progression structure from Reception to Year 6. This progression of skills has been planned in order to build on the skills needed to meet the end of Key Stage objectives in the National Curriculum. We believe that Fundamental Movement Skills (FMS) are the building blocks of physical development. These core skills enable children to participate in a wide range of physical activities with confidence and competence. By mastering FMS early, pupils are better equipped to engage in more complex movements and activities as they grow.

## In PE at Wolsey House Primary School we aim to...

- Provide a balanced curriculum that offers a broad range of sports/activities. We want the children to build on their FMS whilst also experiencing new and exciting sports. We know the impact sport can have on people's lives and we would like each child to leave the school with one sport that stays with them.
- Provide each KS2 child with high-quality swimming teaching in order to meet the end of KS2 expectations.
- Ensure that each child leaves year 6 with the FMS.
- Support the EYFS to allow all children to meet their ELGs.
- Use sport to embed our Core values of cooperation, aspiration, respect, responsibility, honesty and resilience



## In PE at Wolsey House Primary School we aspire to achieve our aims by...

- Providing each child with two hours of PE lessons a week. One of these lessons will be supported by our Sports Coach.
- Providing enrichment sessions that add to our curriculum offer through Enrich Education, Leicester City Football Club, Leicestershire County Cricket Club and SH Active Sports.
- Providing extra-curricular opportunities for all via teaching staff sharing their love for sport or outside providers.

## At Wolsey House Primary School we know that we have achieved our aims by...

### Tailored, inclusive teaching

As the children move through each key stage, their knowledge and skills is built upon in a progressive manner as well as giving them new opportunities. We encourage the children to be inquisitive throughout their time at the school by fostering their curiosity. We give the children the opportunity to ask questions, investigate and work as part of a team.

### Enrichment and extra-curricular activities

We have built strong relationships with external providers, in particular Enrich Education, LCFC, LCCC, SH Active Sports and Pools4Schools. Through these relationships, we have extra-curricular activities, enrichment sessions that add to our PE offer, building on this desire to give our children as many opportunities as possible.

### Targeted support for individual needs

By working closely with EYFS and focusing across the school on FMS we are able to focus on the needs of individual children and offer them targeted support.

### Outdoor Education

Through Enrich Education, we offer outdoor learning across the curriculum. These cross-curricular opportunities add to our physical education offer here at Wolsey House.