



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1 Fundamentals : Unit 1	Fundamentals : Unit 2 Introduction to PE : Unit 2	Ball Skills : Unit 1 Gymnastics : Unit 1	Ball Skills : Unit 2 Gymnastics : Unit 2	Games : Unit 1 Dance : Unit 1	Dance : Unit 2 Games : Unit 2
Reception	Introduction to PE : Unit 1	Introduction to PE : Unit 2	Gymnastics : Unit 1	Gymnastics : Unit 2	Games : Unit 1	Games : Unit 2
Year 1	Fundamentals Fitness	Team Building Gymnastics	Net and Wall Games Dance	Invasion Games Target Games	Striking and Fielding Games Sending and Receiving	Athletics Fitness
Year 2	Fundamentals Fitness	Ball Skills Dance	Net and Wall Games Gymnastics	Target Games Invasion Games	Striking and Fielding Games Sending and Receiving	Athletics Fitness
Year 3	Netball Yoga	OAA Dodgeball	Football Gymnastics	Hockey Dance	Tennis Athletics	Cricket Golf
Year 4	Basketball Yoga	Football Gymnastics	Dance OAA	Dodgeball Rugby	Tennis Athletics	Cricket Golf
Year 5	Netball Yoga	Hockey Gymnastics	OAA Dodgeball	Dance Football	Tennis Athletics	Cricket Golf
Year 6	Basketball Yoga	Football Gymnastics	Dodgeball OAA	Dance Rugby	Tennis Athletics	Rounders Golf